## The Gathering Place of Monroe

Call us @ 641-259-2023 or email us @monroegatheringplace@gmail.com for rentals/questions Follow us on FB themonroegatheringplaceofmonroe EVERY Monday – Friday FREE CONGREGATE MEALS @11:30am Sign up/ 641-792-7102 EVERY Tuesday @8am/ Prayer & Coffee. Pastors Jon Dunwell, Jeremy Ward, rotate **EVERY FRIDAY PLAYGROUP \* 10am** @Tool's Point Park or TGP (depending on the weather)

9/1 Monday, LABOR DAY Closed for the day. No Congregate meals

9/2, Tuesday, GAME TIME 1PM Bring a friend or just come & play!

9/3, Wednesday, "Get Fit, Don't Fall!" with Amy Stephensen 4pm

Would love to have a group again....invite a friend.

9/3, Wednesday, BINGO 6-8pm Invite a friend!

9/4, Thurs. 10am Senior Living Series EMERGENCY PREPAREDNESS FOR OLDER ADULTS SIGN UP! Call/Text/Email: 515-868-3860 lowaSeniorLiving@gmail.com

9/4 Thurs. MOVEMENT WITH SEAN 1pm Improve your posture, breathing & walking

9/5, Friday, NEEDLE ART Sit & Stitch/Bring your needle projects/Conversation & Coffee 9AM Learn to change colors and /or learn to do a magic circle

9/8, Mon. Video Exercise Class 10am

9/10 Wed. "Get Fit, Don't Fall!" with Amy Stephensen 4pm Come and join us for the hour!

9/11, Thursday, Patty Richards Show @ 10am

9/11, Thurs. MOVEMENT WITH SEAN 1pm Improve your posture, breathing & walking

9/12 Fri., 2-3 pm Piano with Jacque Robinson

9/15, Mon., Video Exercise Class 10am

9/16, Tuesday, GAME TIME 1pm Bring a friend or just come and play! 9/16, Tuesday, BINGO 6-8pm Invite a friend!

9/17, Wednesday, "Get Fit, Don't Fall!" with Amy Stephensen 4pm Come and join us!!

9/18, Thursday, Focus Group Meeting at 9am

9/18, Thurs. MOVEMENT WITH SEAN 1pm Improve your posture, breathing & walking

9/18, Thurs, CATER 2U2/4:30-6:30 purchase tickets from a Focus Group member/FB/@ Monroe Foods/ or stop in to TGP Monday-Friday from 9am-3pm

9/19 Friday, 9am Needle Art Sit & Stitch/Bring your needle projects/Conversation & Coffee 9/19, Friday, Patty Richards Country Show 7pm-9pm (bring a snack)

9/22, Mon., Video Exercise Class 10am

9/24, Wed., "Get Fit, Don't Fall!" with Amy Stephensen 4pm Come and join us!

9/25, Thurs. MOVEMENT WITH SEAN 1pm Improve your posture, breathing & walking 9/25, Thurs., NO ACOUSTIC JAMM See you in 2026!!!

9/26, Fri., 2-3 pm Piano with Jacque Robinson

9/29, Mon., Video Exercise Class 10am