EDUCATE EQUIP EMPOWER

Senior Living EducationSeries First Thursday of every month @ 10:00am

August Seminar Understanding End-of-Life with Clarity & Care

When: Thursday, August 7th @ 10:00am Location: The Gathering Place in Monroe **Details**

End-of-life can feel overwhelming, but with the right guidance, it doesn't have to be. In this session, you'll hear from a pastor, a funeral director, and a hospice coordinator who will help bring clarity and compassion to the process.

A compassionate conversation about planning, choices, and easing the end-of-life journey for families.

What You'll Learn:

- · How to begin meaningful conversations about end-of-life with loved ones
- · Practical steps to prepare emotionally and spiritually
- · What to expect from hospice and palliative care services
- · Faith-based guidance on end-of-life decisions
- · The role of funeral directors in easing the burden on families

Who Should Attend:

Older adults, adult children, caregivers, and anyone who wants to understand what endof-life planning really involves—and how to approach it with peace and clarity.

Education Partners





Andy Algreen, Senior Downsizing Coach Phone: 515-868-3860

www.andyalgreen.com

Email: IowaSeniorLiving@gmail.com